

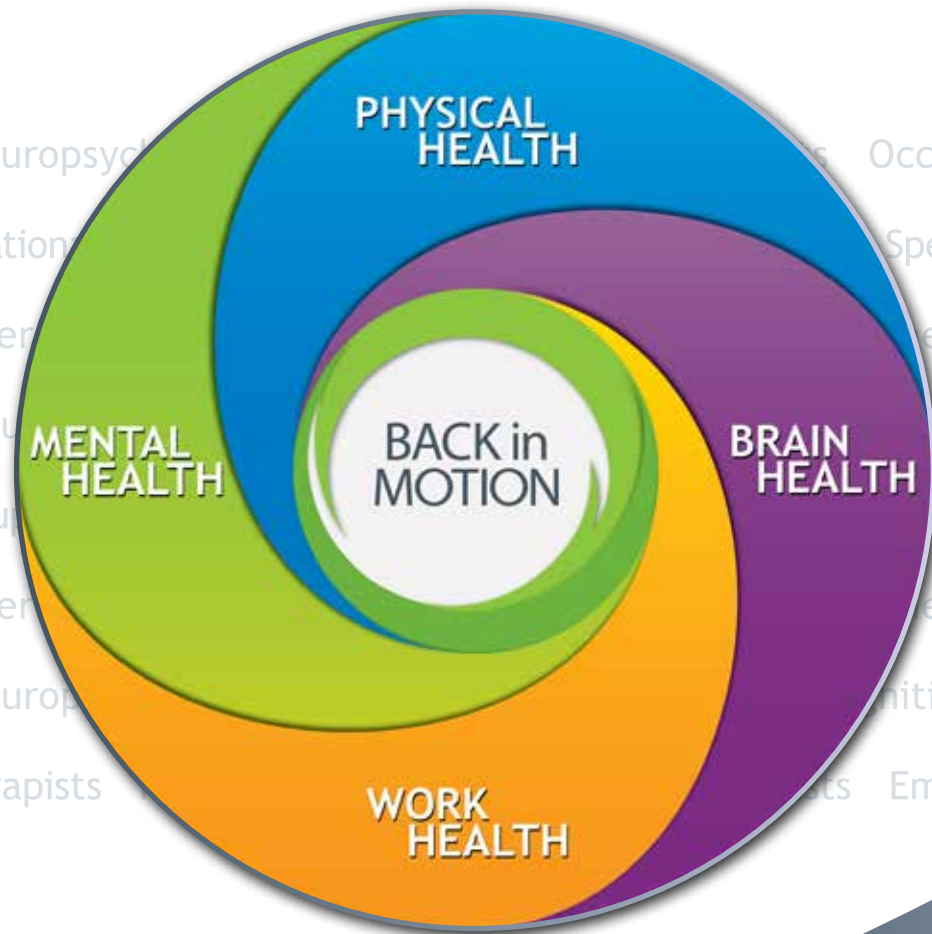


BACK in MOTION

Work health solutions

Collaborative, timely & flexible

Back in Motion provides a unique combination of physical rehabilitation, mental health, brain injury, and vocational solutions that help individuals resume healthy and productive lives. We offer rapid access, timely communication, and collaborative problem solving. Our function-focused interventions include return to work/stay at work strategies, as well as tailored vocational services. With 24 years of experience and over 100,000 people served, Back in Motion can help.



Helping people **work**. Helping people **live**.



One Call

604.424.9515

One Email

referrals@backinmotion.com

One Fax

604.424.9516

Our Central Booking team will customize the right solution based on your clients' needs



Assessment

Psychological Assessment
Independent Psychological Evaluation
Vocational Psychological Assessment
Learning Disorder Assessment
ADHD Assessment
Occupational Therapy Assessment

Treatment

Occupational Therapy
• Return to Function Program
Cognitive Behavioural Therapy
Mindfulness-Based Cognitive Therapy
Exposure Therapies
Acceptance & Commitment Therapy

Assessment

Physical & Functional Assessments
FCEs & Cognitive FCEs
Ergonomic Assesments
Job Demands Analyses
(Physical & Cognitive)

Treatment

Customized Active Rehabilitation Program
Kinesiology
Physiotherapy Services
Community & Clinic Based OT Services
Job Site Visit/Job Coaching
RTW Coordination



Assessment

Concussion Assessment - Early Intervention
Post-Concussion Interdisciplinary Assessment
OT Cognitive Functional
Neuropsychological
Physiotherapy
Vestibular
Medical

Treatment

Occupational Therapy
Physical Therapy
Cognitive Rehabilitation
Vestibular Therapy
Neuropsychological
Concussion Reactivation Program
(Team Approach)

Vocational Rehab Services

Transferable Skills Analysis
Comprehensive Employability Assessments
Job Search Supports
Job Placement & Retention
Work Simulations

Workplace Wellness Program

Workplace Massage Therapy
Direct Access Physiotherapy
Workplace Education
Ergonomic/Workstation Assessments
Injury Prevention
Exercise Programs



MENTAL HEALTH ASSESSMENTS

“

All staff made me feel comfortable when answering difficult questions and sharing personal information. - Client

Did You Know?

- Mental Health disability costs billions of dollars in absenteeism and sick days, poor work performance, and disability payments (CMHA, 2018)
- We consult with you about the type of assessment to best meet your needs

Service Information

Our trained staff provide a range of psychological, vocational and occupational therapy assessments that:

- Help clarify mental health diagnoses, functioning, and prognosis
- Determine employment readiness
- Clarify barriers to employment and provide recommendations for overcoming these barriers
- Determine levels of cognitive functioning and academic achievement
- Provide vocational and/or training recommendations, while accounting for existing barriers, and assist with the development of realistic vocational plans

Contact



604.424.9515



604.424.9516



referrals@backinmotion.com

Services are offered in multiple locations across Metro Vancouver and Victoria. Contact us today.

*Helping people **work**. Helping people **live**.*

MENTAL HEALTH TREATMENT

“

I felt very safe and respected in each of my visits. - Client

Did You Know?

- 99% of our clients would recommend us to a friend
- Clients are seen for an average of 11 treatment sessions
- We regularly communicate with you about your client's progress, barriers and return to work readiness
- We offer services to clients who live in remote areas

Service Information

We offer effective evidence-based psychological and occupational therapy treatment services for adults, which include:

- Focusing on return to work
- Helping clients improve function across life domains
- Helping clients learn effective strategies for managing symptoms, coping with stressors, and solving problems

Contact



604.424.9515



604.424.9516



referrals@backinmotion.com

Services are offered in multiple locations across Metro Vancouver and Victoria. Contact us today.

*Helping people **work**. Helping people **live**.*

PHYSICAL HEALTH ASSESSMENTS



The BiM team provide responsive service and develop a rapport with their clients that I have never seen in any other program. - Rehabilitation Consultant

Did You Know?

- We consult about the type of assessment to best meet your needs
- We provide you with practical recommendations related to equipment, treatment or alternate employment targets
- Our assessment services are customized to address specific needs of the client and workplace

Service Information

We use evidence-based assessments to provide practical recommendations about specific physical, functional and vocational needs, including:

- Functional Capacity Evaluations
- Job Demands Analysis
- Ergonomic Assessments
- Cognitive Functional Capacity Evaluations
- Cognitive Job Demands Analysis

Contact



604.424.9515



604.424.9516



referrals@backinmotion.com

Services are offered in multiple locations across Metro Vancouver and Victoria. Contact us today.

*Helping people **work**. Helping people **live**.*

PHYSICAL HEALTH TREATMENT



I have referred a number of clients with complex disability issues to Back in Motion. They are my go-to provider based on customer service, client feedback and outcomes. - Rehabilitation Consultant, LTD Company

Did You Know?

- Over 85% of our clients are ready return to work at service completion
- Our interdisciplinary team creates customized plans to help clients quickly return to work
- Our team prioritizes communication with stakeholders and provides regular updates on client progress

Service Information

Our team uses evidence-based treatments to help clients overcome medical, physical, functional and/or psychosocial barriers to employment, including:

- Physiotherapy Services
- Community & Clinic based Occupational Therapy Services
- Return to Work Coordination
- Customized Active Rehabilitation (CAR)
- Job Site Visits/Job Coaching
- Case Management

Contact



604.424.9515



604.424.9516



referrals@backinmotion.com

Services are offered in multiple locations across Metro Vancouver and Victoria. Contact us today.

*Helping people **work**. Helping people **live**.*

BRAIN HEALTH ASSESSMENTS

“

Both doctors I met with were empathetic but realistic. They focused on recovery, not the negative or what I couldn't do yet. - Client

Did You Know?

- Early concussion management optimizes return to work success
- Across all locations, we have experienced clinicians specialized in concussion assessments

Service Information

Our individualized concussion assessments provide symptom management education and recommendations for appropriate interventions. We offer the following assessments:

- Occupational Therapy
- Physical/Functional
- Neuropsychological
- Cognitive Screening
- Vestibular
- Medical

Contact



604.424.9515



604.424.9516



referrals@backinmotion.com

Services are offered in multiple locations across Metro Vancouver and Victoria. Contact us today.

*Helping people **work**. Helping people **live**.*

BRAIN HEALTH TREATMENT

“

The team put together an excellent rehab program, and made my work less stressful - Client

Did You Know?

- We are industry leaders in the rehabilitation of individuals with brain injuries
- Our Concussion Reactivation Program is delivered by an interdisciplinary team of specialized and experienced professionals
- We have helped over 1500 individuals successfully return to work following a concussion

Service Information

Our individualized concussion treatments help clients with concussions manage symptoms and safely return to work. Concussion treatments include:

- Functional Reactivation
- Cognitive Rehabilitation
- Psychological Intervention
- Occupational Therapy
- Physical/Vestibular Therapy
- Neuropsychological

Contact



604.424.9515



604.424.9516



referrals@backinmotion.com

Services are offered in multiple locations across Metro Vancouver and Victoria. Contact us today.

*Helping people **work**. Helping people **live**.*

VOCATIONAL REHAB *SERVICES*



Grateful to Back in Motion for getting me started on my future again - Client

Did You Know?

- In 2017, over 90% of our clients were satisfied with the services they received
- We provide clear and realistic direction and recommendations
- Our team prioritizes communication with stakeholders and provides regular updates on client progress.

Service Information

Our vocational specialists provide assessments and services to help clients return to work as quickly as possible, including:

- Transferable Skills Analysis
- Skills Upgrading
- Job Search Supports
- Comprehensive Employability Assessments
- Career Exploration
- Job Placement & Retention

Contact



604.424.9515



604.424.9516



referrals@backinmotion.com

Services are offered in multiple locations across Metro Vancouver and Victoria. Contact us today.

*Helping people **work**. Helping people **live**.*