

Integrated Care Program

What

- Mental Health Program that integrates physical reconditioning and behavioural activation with both self-paced psychoeducational content and individualized psychological treatment with a program-dedicated Psychologist
- Exclusive to Canada Life Customers
- Client schedule structured to optimize the integration of physical and psychological interventions

Why

- Integrated care model is emerging as gold standard in health care
- Evidence based integrated care incorporates physical and psychological interventions to provide comprehensive treatment
- Inclusion of self-paced psychoeducational platform that was designed specifically for the LTD population allows for more efficiency of one to one service delivery
- Program-dedicated clinicians allows for focused, efficient delivery of care
- Team Approach - Kinesiologist and Psychologist work together exclusively, allowing for consistency in service delivery and enhanced care outcomes
- Program developed to promote collaboration between the treatment team, client, and Rehab consultants.
- More points of client contact in a week scaffolds client engagement, motivation, and adherence
- Ease of referral - One referral rather than multiple referrals

When

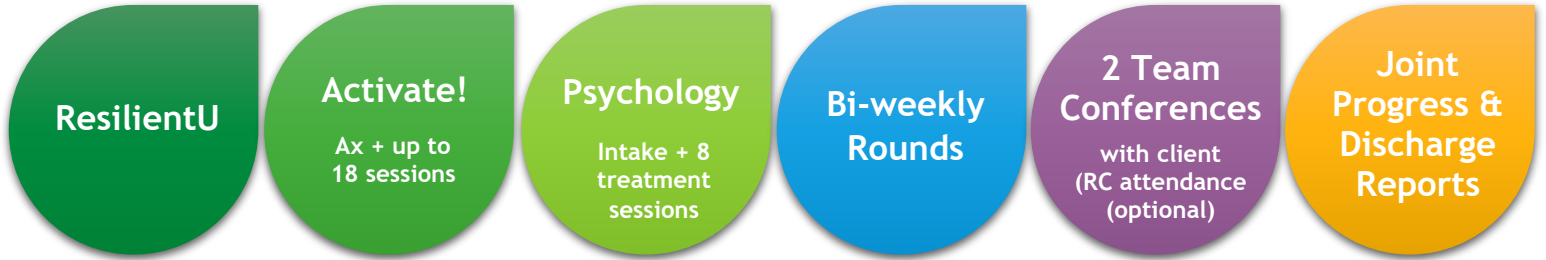
- Accepting new referrals
- Anticipated capacity of 1 intake/week

Where

- Telehealth
- Can incorporate In-clinic Activate Sessions if preferred.

Included in Program

Integrated Care Program includes:



Example of Program Schedule



Integrated Care Program Cost

- A detailed cost breakdown can be provided upon request
- Only services rendered will be billed

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